



access  health
SPARTANBURG

REPORT TO THE COMMUNITY
2016

The AccessHealth Mission

To improve access to healthcare for the uninsured of Spartanburg County through sustainable health system change that will result in better health outcomes and 100% access to effective, efficient, safe, timely, patient-centered, and equitable healthcare.

The AccessHealth Vision

To spark sustainable health system change that results in better health outcomes and 100% access to effective, efficient, safe, timely, patient-centered, and equitable healthcare throughout the region.

Founding Partners

Mary Black Health System
ReGenesis Health Care
Sherman College of Chiropractic
South Carolina DHEC
Forrester Center for Behavioral Health
Spartanburg Area Department of Mental Health

Spartanburg County Medical Society
Spartanburg Regional Healthcare System
St. Luke's Free Medical Clinic
USC Upstate
Welvista

Donors



Letter from the Director



Dear Friends,

It is my pleasure to share our performance report for 2015. Although many people are still struggling in our community, AccessHealth Spartanburg and our partners continue to make a positive impact by both improving local health outcomes and reducing the costs of care to our community as a whole.

Celebrating a Milestone

October 1, 2015 marked AccessHealth Spartanburg's 5 year anniversary. In those 5 years, the program achieved dramatic results. More than 5,300 low-income, uninsured Spartanburg County residents were connected to a medical home. Every single patient was screened for Medicaid, Supplemental Nutrition Assistance Program, Health Insurance Exchange and much more. In the last year alone, the percentage of patients who were able to obtain coverage and "graduate" from the AHS program grew from 10% to 18%. These are just a few examples of how our program is working for our community.

Addressing Systemic Barriers

AccessHealth Spartanburg uses a dual approach of providing connection to a primary medical home while also working to identify and address systemic, cultural and generational barriers to health and healthy lifestyle. Medical care is the first step in a long process of psychosocial assessment, followed by connection to behavioral health care, counseling, substance abuse treatment, specialty medical care, transportation to medical appointments, housing, vocational rehabilitation, continuing education, employment assistance, prescription assistance and much more.

AccessHealth Spartanburg is committed to forming unique community partnerships — programs and initiatives with Sherman Chiropractic College and the Spartanburg County Detention Center are just two such examples — testing new models of care, evaluating processes and measuring outcomes. The program maintains a laser-sharp focus on improving local health outcomes and lowering healthcare costs by leveraging existing community assets, building relationships, and prioritizing long-term comprehensive care.

An Eye on the Future

Though we have accomplished much, there is more to be done. We have learned that multi-stakeholder, multi-disciplinary collaboration is time-consuming and at times difficult, but there is no substitute for collective community action that generates resources, insight, and outcomes beyond what any one organization could achieve on its own. Our unofficial motto is, "Steal shamelessly and share relentlessly."

I invite you to read our Report to the Community for additional accomplishments and a snapshot of the health of our organization.

To your health!

A handwritten signature in black ink that reads "CJ Rothschild". The signature is stylized and cursive.

Carey J. Rothschild
Director

Letter from a Physician Advisory Board Member



2015 has been a year of innovation for AccessHealth Spartanburg. While actively coordinating care for over 1900 community members, AccessHealth has forged unique local partnerships with groups such as the Spartanburg Detention Center. This collaborative spirit contributed to the city of Spartanburg receiving the prestigious Robert Wood Johnson Foundation 2015 Culture of Health Prize.

While AccessHealth Spartanburg has been engaging the community at large and receiving national attention, their work would not be possible without the contributions of medical professionals from across the county. As a volunteer provider, I see the impact that AccessHealth has on the individual level firsthand. For one person, enrolling in AccessHealth could change the trajectory of both their health and their life.

I encourage everyone to take a look at this report to see the stories of people whose lives were changed through the work of AccessHealth Spartanburg. The care that these individuals and other AccessHealth clients have received from volunteer medical professionals has culminated in a tremendous positive impact on the community. I am thankful for all of the providers, donors, and volunteers who make AccessHealth a possibility. If you are not already supporting AccessHealth Spartanburg, please consider learning more about the program- it truly is a vital resource for many of our neighbors and for our community as a whole.

Sincerely,

A handwritten signature in black ink that reads "H. Griffin Cupstid". The signature is written in a cursive, professional style.

H. Griffin Cupstid, MD, FAAFP
AccessHealth Board Member
AccessHealth Volunteer Physician

"I am thankful for Access to Health. They are helping me on the road to be able to work a job. This is a great program. Thank you for being here for me. The doctors are great and really care." - J.E.

Volunteer Provider List

Dr. Chandar Abboy	Dr. Michelle Carney	Dr. Thomas Eison	Dr. Yogi Hiremath
Dr. Mark Adams	Dr. Lisa Carroll	Dr. Adrienne Ellis	Dr. David A. Holt
Dr. Brenda Adams-Hudson	Dr. Jeff Cashman	Dr. Paul Ellis	Dr. Robert Houston
Dr. Idsi Alvarez	Dr. Antonio Castellvi	Dr. Nkechi Emejuaiwe	Dr. Scott Houston
Dr. Octavia Amaechi	Dr. Christian Castillo	Dr. David Erb	Dr. Barry Huey
Dr. Erin Anderson	Dr. J. Douglas Clark	Dr. Patrick Esposito	Dr. Telicia Hughes
Dr. Kofi Appiah	Dr. Jeffery Clary	Dr. Heather Esquivel	Dr. Gerald Hull
Dr. Victoria Arlauskas	Dr. Robert Cochran	Dr. James Essman	Summer Hull, PT
Dr. Frank Armocida	Dr. Eric Cole	Dr. H. James Evans	Crystal Humphries, NP
Dr. Robert Arnett	Dr. Jack M. Cole	Dr. Daniel Falcon	Dr. Catherine Hunt
Dr. Thomas Ashley	Dr. Scott Coley	Dr. Gregory J. Feldman	Dr. David Ike
Stephanie Atkinson, NP	Anita Cooper, NP	Dr. Caroline Felty	Dr. Michael Ikeman
Dr. Amanda Austin	Dr. Steven Corso	Dr. Brent Fisher	Dr. Samy Iskandar
Dr. Brian Baghdady	Dr. Jeffery Craft	Dr. Nicholas Fleming	Dr. Hugh James
Dr. George Bass	Dr. Raul B. Cruz	Allison Fogarty, NP	Dr. William F. James
Dr. Jennifer Baugh	Dr. Kely Culbertson	Dr. Charles Fogarty	Dr. Ron Januchowski
Dr. Howard C. Bean	Dr. H. Griffin Cupstid	Melissa Ford, NP	Dr. Todd Jarosz
Kim Bean, NP	Dr. Colin Curran	Dr. John Foster	Dr. April Johnson
Dr. James Bearden	Dr. Christopher Cutshall	Dr. Gordon France	Dr. Jason Johnson
Dr. Ashley Benson	Dr. Michael Dale	Dr. Arthur Freedman	Dr. Melanie Johnson-Bailey
Dr. Ishan Bhansaly	Dr. Pamela Davenport	Dr. Melissa Fritsche	Dr. Doralyn Jones
Dr. Lopa Bhansaly	Dr. Dean Davis	Dr. Dorotea Gabel	Dr. Doralyn Jones
Dr. Marc Bingham	Dr. Margaret Davis	Dr. Maria Gacha	Dr. Robert Kaemmerthen
Dr. Shawn Birchenough	Dr. Susan Davis	Dr. John Gallagher	Dr. Edward Katemba
Dr. Preston Bishop	Dr. Wayne Davis	Dr. Eric Garcia-Torres	Dr. Aaron Katz
Amanda Blanton, NP	Dr. Wayne Davis	Dr. Paige Gault	Dr. William Kerfoot
Dr. Joseph A. Boscia	Dr. Amor Dela Cruz	Dr. Carla Gentry	Dr. Carol Ketchen
Dr. Patricia Bouknight	Dr. Luis I De La Cruz	Dr. Charles Glace	Dr. Larry Kibler
Dr. Ginger Boyle	Dr. Matthew Delfino	Dr. Saiward Glenn	Dr. Harry Kinard
Dr. Derek S. Brenda	Dr. Courtney Devane	Dr. Robin Go	Dr. Howard Klickman
Dr. Kelly Bridges	Dr. Karen Devore	Dr. Mark Godenick	Dr. Kameron Klosterman
Dr. Kimberly Bridges	Linda Dhose, NP	Shellye Godfrey, OTR/L, CHT	Dr. Scott Klosterman
Dr. Robert Britanisky	Dr. John Graham Dickerson	Dr. Frank E. Gonde	Dr. Jan Kneeland
Dr. James Broderick	Dr. Joy Dina-Hudson	Dr. Robert Goodlett	Dr. Peter Kobes
Caroline Brown, PA	Dr. Manual Dorna	Dr. Morgan Goss	Dr. John Korman
Heather Brown, PTA	Dr. Walter Douglass	Dr. Walter Grady	Dr. Suzanne Kovacs
Dr. Helen Brown	Dr. Karen Dowling	Dr. James M. Gragg	Dr. Ari Kramer
Dr. James E. Brown, IV	Dr. Loretta Duggan	Dr. Phillip Greig	Dr. Walter Kucaba
Jeffrey Brown, PA	Dr. Elizabeth Dunlavey	Dr. Theodore J. Grieshop	Dr. Divya Kulkarni
Jessica Brown, NP	Dr. Melinda Durham	Dr. James Halla	Dr. Frances Kunda
Dr. Morlee Burgess	Dr. Gordon Early	Dr. Jessica Hammett	Dr. Mol Ky
Dr. Annette Burnett-Burnette	Dr. Levon Emory Eastin	Dr. Brandi Hardin	Dr. Manju Lakra
Dr. Fritz Butehorn	Dr. Coy Eaton	Dr. Richard Harp	Dr. Matthew Lambert
Dr. Margot Butler	Dr. Charlotte Ebner	Dr. Rifat Hassan	Dr. Ryan Matthew Laye
Dr. W.C. Calton	Dr. Muhammad Ebrahim	Dr. J.C. Hedden	Dr. Elizabeth Leong
Dr. Matthew D. Cannon	Dr. Joseph Edison	Dr. R. Barry Hird	Dr. Paul A. Lepage

Volunteer Provider List

Dr. Steven A. Leyland	Dr. Christopher Nguyen	Dr. Timothy Rop	Dr. Melanie Thomas
Dr. Mark Lijewski	Dr. Tuan Nguyenduy	Dr. J. Paul Ross, III	Dr. Aaron Toler
Dr. Kristina Lombardozi	Dr. Eric Norton	Dr. Jason Rousseau	Dr. Kimberly Toler
Dr. Alejandro Lopez	Dr. Chris Nowatka	Amy Sanders, NP	Dr. Aileen Treto
Dr. Richard Lucarelli	Dr. Ikenna Onyebuke	Dr. Mayte Sandrin	Dr. Ryan Tuttle
Dr. John Lucas	Dr. Kim Orr	Dr. Erika Savage-Jeter	Dr. Enoch Ulmer, Jr.
Dr. Michael Ludkowski	Dr. Richard Orr	Dr. James Scardo	Dr. Gregory Valainis
Dr. Erin Lusher	Dr. Michael Orseck	Dr. John Scott	Dr. Padmapriya Vasudevan
Dr. Robert MacDonald	Carole Parrish, NP	Dr. LaTasha Seliby	Jennifer Vaughn, NP
Dr. Susan Marik	Dr. Asim Pati	Dr. Ritesh Shah	Dr. Steven Vermillion
Dr. Ronald Mayfield	Dr. Robert Pereyo	Debbie Sheilds, NP	Niel Visser, PT, DPT
Dr. Mary McAtee	Dr. Melissa Peters	Dr. Gordon Sherard	Dr. Amber Wallace
Dr. Christa McCann	Dr. Michael Peters	Dr. Henry Shugart	Dr. C. Todd Walter, Jr.
Stephanie McCravy, NP	Dr. C. Andrew Pickens	Dr. Farhan Siddiqui	Dr. Joseph Walton, Jr.
Dr. Robert McDonald	Kim Pickett, NP	Dr. Ifekan-Shango Simon	Dr. Sua Yin Wan
Dr. Lawrence McGee	Dr. Troy Phillips	Dr. Vincent Slater	Dr. Mark Ward
Dr. Donald McIntosh	Dominique Pinilla, NP	Dr. Chris Smith	Dr. Edward Warren
Dr. Sharmila Mehta	Dr. Bethany Powers	Dr. T. Ravenel Smith	Dr. Grant Warren
Dr. Rico Vincente Mendoza	Dr. Candace Prince	Dr. Wilson Smith	Dr. Nicole Warren
Dr. Debra Miller-Cox	Dr. Joshua Prince	Dr. Shohreh Soboutipour	Dr. Petra Warren
Dr. Joseph Mobley	Dr. Michael Pryor	Dr. Amy Somaini	Dr. Michael Watkins
Dr. Thomas Montagne	Marty Raines, NP	Dr. Christopher Sonnier	Dr. Paul Weaver
Dr. Chris Morrow	Dr. Raymond Raymano	Dr. Ajai Srinivasan	Dr. Shannon Webb
Dr. Albert Mossburg	Dr. Terry Reardon	Dr. Nalin Srivastava	Dr. Richard Weir
Dr. Husam Mourtada	Dr. Samuel Reid	Dr. Michael Staley	Dr. Thomas Westmoreland
Dr. David Mullins	Dr. Richard Reinhardt, Jr.	Ruth Stanton, CNM	David Whiteside, NP
Dr. Bruce Murdock	Madeline Reistroffer, NP	Dr. Eric Steiniger	Dr. Amber Williams
Wendy Murray, NP	Dr. Douglas Reith	Dr. James Story	Becky Williams, NP
Dr. Sunitha Nagubulli	Dr. Stuart Reynolds	Dr. Gayatri Surwade	Dr. Clifton Williams
Dr. Erin Nash	Melissa Rice, PA	Dr. Douglas Swartz	Dr. Jill Williams
Dr. Kristen Nawabi	Dr. Thomas Robinson	Dr. Andrew Taber	Dr. Ricky Wolfe
Dr. Marilu Nazareno	Dr. Ty Robinson	Dr. Michael Tanbonliong	Dr. Auburn Woods, III
Dr. Maria Negron	Dr. Caio Rocha-Lima	Dr. Benjamin Taylor	Dr. Claude Woolen
Dr. Aimee Neill	Dr. David Rodak	Dr. Ralph Tesseneer	Dr. Michael Zhadkevich
Dr. Eric Nelson	Roland Rogers, NP	Marva Thomas, NP	

“Everyone I met with has been so helpful and nice. This is a wonderful program and much needed in this area.” - G.A.

Statistics

An evaluation of hospital inpatient (IP) and emergency department (ED) utilization compiled by the S.C. Office of Research and Statistics reports that AccessHealth network patients who used hospital services had less costly visits due to shorter inpatient lengths of stay and fewer admissions. AHS saved hospitals a combined **\$3.6 million in 2015 alone.**

Diagnosis-specific data showed additional positive impact from AHS.

Hypertension patients had a **68.18%** reduction in admissions and a **70.88%** reduction in costs.

Congestive Heart Failure patients had a **50%** reduction in admissions and a **40.89%** reduction in costs.

Asthma patients had a **70.83%** reduction in admissions and a **74.45%** reduction in costs.

Diabetes patients had a **42.11%** reduction in admissions and a **34.73%** reduction in costs.

IN 2015...



More than
30,000
SERVICES
provided through
AccessHealth
Spartanburg



1,916 NEW
CLIENTS



308
CLIENTS

were enrolled
in smoking
cessation
programs.

\$71,650

in goods were distributed through
AccessHealth Spartanburg via United Way
of the Piedmont's Gifts in Kind Program



844
applications
were processed
through SC Thrive



1,803
clients received
prescription assistance



800+ CLIENTS enrolled offsite
(St. Luke's Free Medical Clinic, Middle Tyger Community Center,
St. Matthew's Episcopal Church, and Miracle Hill)



Patient Profile AccessHealth: Halee Cordray

Halee Cordray had never been uninsured before she moved to South Carolina in 2006. She found employment in South Carolina, but she was unable to obtain a job that offered health insurance. She was laid off in 2010. Shortly after being laid off, she visited a minor care center and was informed that she needed to see an ENT for a continuing health problem. The cost of that visit was expected to be over \$600. "Having just been laid off, I certainly did not have the funds to pay for the care that I needed." She began searching the internet for programs that would help with medical care. That is how she discovered AccessHealth Spartanburg.

After enrolling in AccessHealth, Cordray was diagnosed with Stage 3 Endometrial Cancer. AccessHealth Spartanburg connected her with the John Fleming Cancer Care Program. "I received all the care I needed from the best of the best for my cancer treatment. I am now four years cancer free."

Cordray is very appreciative of AccessHealth Spartanburg. "The [AccessHealth] staff has always been wonderful. They have been kind, considerate, helpful and have gone out of their way to assist me. It is a wonderful program that assists people who are unable to afford health insurance with their health needs. It cares for people and ensures that they receive the care they need." Cordray is always willing to give back to AccessHealth Spartanburg in any way possible. Her participation in client focus groups has allowed AccessHealth Spartanburg to improve its programming and understand client needs.



Patient Profile HOPS: Dora Henderson

Dora Henderson lay in bed, not eating or drinking, praying to God to take her. Grief stricken over the deaths of her daughter and sister, she was faced with raising two grandchildren. Complicating matters, she had several chronic illnesses and poor dental health. For months she'd been going to a local charity organization to get her teeth pulled, two per visit, to qualify for free dentures. When her teeth were finally pulled, Henderson was told she could not get the needed dentures. Depressed, she lost the will to live.

Registered nurse Lyssa Foust had recently joined Spartanburg Regional Healthcare System as the HOP Clinical Team Leader. In Spartanburg, HOP patients are part of the larger collaborative, AccessHealth Spartanburg. Foust came across the name of a client who had drifted away: Dora Henderson. Reading her profile, Foust became concerned. The patient was single, unemployed and had stopped seeing her doctor. Foust picked up the phone and called Henderson, who fortunately answered. Foust scheduled an appointment with her to determine what was happening. "Dora had been dropped by her doctor for missing appointments. As the HOP coordinator, I needed to get her back on track."

Little did Foust know how badly Henderson needed help. Her problems were complex; finding solutions on her own was overwhelming. Once Foust understood the big picture, she became Henderson's advocate. "First, I found Dora a new doctor. We went to appointments together. When she encountered a problem, we talked about it and worked through the stumbling blocks," said Foust. One of the biggest issues was the lack of dentures. When Henderson learned the agency that had promised the dentures was unable to provide them, she was devastated. No teeth meant she couldn't eat most foods and she began losing weight. She kept her mouth shut tight, mumbling rather than talking. Once again, Foust stepped in to help. Together they went back to the agency and were able to get Henderson the free dentures. Foust says that Henderson is like a new person. "I am so proud of Dora. When all you've ever heard is no, finally getting yes is transformative."

Excerpted from the 2015 HOPS Community Benefit Report of AccessHealth South Carolina

Financials

{Revenues}

The Duke Endowment	250,000
SRHS Foundation	67,096
SRHS Employee Contributions	25,659
Additional Grant Funding	74,370
Derby Day Event	28,443
Client Contributions	12,531
Individual Contributions	16,000
Mary Black Hospital System and Spartanburg Regional Health System combined HOPS investment	1 million

TOTAL \$1,474,099

{Expenses}

Programs and Services	1,342,372
Management and General	111,461
Fundraising	6,579
Other	10,633

TOTAL \$1,471,045



Volunteer Profile: Juliana Rima



College: Wofford College | Major: Psychology & Spanish
 Hometown: Jackson Heights, NY | Hours of Volunteering to Date: 250+

What is your favorite part about volunteering in our office? We are all there for the same purpose, and when everyone is working together for that purpose, one is able to embrace the difference we are making for those who are a part of AccessHealth. It is amazing to know that even a positive attitude and a smile can make the AccessHealth clients feel a little better about whatever it is that he/she is going through.

How has volunteering impacted your college experience? Not only has AccessHealth given many beneficial opportunities to its clients, it has also given me many opportunities. Devoting my volunteer hours at AccessHealth has given me the opportunity to receive an amazing education at Wofford College through my Bonner Scholars scholarship. Also, it has opened my eyes to the larger community of Spartanburg that I wasn't aware of before. By interacting with many different individuals of Spartanburg, even those who are Hispanic/Latino like myself, it has shed light on the larger population of my community that I don't interact with on a college campus. It is very important to me to be aware of my surroundings so that I can try to make a positive impact where it is needed.

What would you say to someone who is interested in volunteering at AccessHealth Spartanburg? For someone who wants to learn how to work with and for the people, AccessHealth is the place to be. The kind of work that is done at Access Health is priceless to those going through hardship. By keeping an open mind and compassionate heart, any volunteer could be a part of the AccessHealth team.

Community Outreach and Partnerships:



Community Garden AccessHealth Spartanburg has partnered with the Hub City Farmers Market to plant a community raised-bed garden at AHS and begin a fresh food education program for our clients. Spartanburg County has several food deserts in the community, limiting our clients' access to fresh food. The community garden program focuses on educating our clients on access to fresh food and how to make the most of the Double Supplemental Nutrition Assistance Program (SNAP) at the Farmer's Market.



Reading Initiative AccessHealth Spartanburg has opened a Little Free Library outside of the office. This library provides our clients, their families, and community members with access to literature and educational material. In addition to the outdoor library, community members have donated over 250 books to create libraries inside both AccessHealth lobbies and to start a children's reading nook.



Cleveland Park Playground Build In October, AccessHealth staff members donated four hours of their time to volunteer with the Cleveland Park playground construction project. The staff worked together with students, firefighters, EMS, city employees, non-profit groups, and many other dedicated volunteers. It was a peaceful day where community members were able to offer their support and look forward to the future.



Robert Wood Johnson Foundation's Culture of Health Prize The city of Spartanburg was one of eight cities recently awarded the Robert Wood Johnson Foundation's Culture of Health Prize for 2015. According to the city of Spartanburg's webpage, "Spartanburg County is being recognized for leveraging its unique strengths and rallying community partners around a shared vision of health. Efforts have resulted in a significant reduction in teen pregnancy rates in the county, a comprehensive neighborhood revitalization that is increasing affordable housing, education opportunities, and access to wellness services and healthy foods, increased access to healthcare and social services for low-income, uninsured residents in the county and creative strategies to integrate behavioral health services into the community." AccessHealth Spartanburg has been chosen as one of the community organizations to showcase the physical award. Thank you to our staff and partners for all the hard work you do to make our community a healthy place to live.

www.cityofspartanburg.org/news/spartanburg-wins-major-prize-for-health-initiatives

“You helped me with my meds and helped give me hope. You helped me in trying to find a job as well.” - R.C.

Staff

Carey Rothschild
Director

Loree Bishop
Administrative Assistant

Corlis Childs, RN, BSN
Care Navigator

Alba Marin
Eligibility Specialist

Pam Shinta
Eligibility Specialist

Susan Overlees
AccessHealth Specialist

Kelly Duffy
Data Coordinator

Melyssa Foust, RN, BSN
HOPS Clinical Team Leader
Meredith Kelley
HOPS Case Manager

Tamika Murphy, RN, BSN
HOPS Case Manager

Summer Tebalt, RN
HOPS Case Manager

Jenifer Woodward
HOPS Case Manager

Sheri Crocker
HOPS Case Manager

Sheila Eison
HOPS Case Manager Extender

Daria Rydzak
Program Engagement Coordinator
(AmeriCorps VISTA)

School and Community Volunteers

Farah Afaq
Avery Bechthold
Gabrielle Boniface
Richard Brown
Justin Dyer
Amber Gabric
Jose Gallegos

Georgina Keith
Angelica Knuckles
Kelly Kuklasinski
Kristen Martin
Tristan Martin
Elena McDonnell
Michelle Merritt

Juliana Rima
Mina Rismani
Peyton Rogers
Catherine Tisdale
Ashley Thompson
Maggie Williams

“AccessHealth has helped me with doctor’s care for my diabetes, hypertension, my smoking habits, and a general outlook on what a value physician’s care can be. I have an assortment of physical problems and it seems that it’s not over yet and I’m sure that my needs will be taken care of.”- C.B.

“I have been blessed with the help I have received. I can go to the doctor. I got mammograms, appointments for therapist, and have worked with me about quitting smoking and I’m now down to 1/4 pack.” - C.C.

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S P A R T A N B U R G

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